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If you'd like us to keep you in touch with any Stopping's Easy news or events, please tick the box and we'll keep in touch.

**I would like to be kept in touch of Stopping's Easy news and events**

Please complete the form above and send with a sterling cheque, made payable to 'In the can' to: the book costs £17.99 per copy plus post and package.

Cost per book including post and package £19.67

In the can

109 Front Rd

Woodchurch

Kent

TN26 3SH

England

All cheques must be supported by a cheque guarantee number. Please write this clearly on the back of the cheque.

You can pay cash; this must be sent recorded delivery to the same address. No responsibility is taken for any cash sent that has not been sent recorded delivery.